



Boots'n'All 2016



An activity of Scripture Union Tasmania Tasmanian wilderness hiking with a difference!

Date	Location	Description	Rating	Contact Leader
Jan 9	Liffey Bluff	Expansive views and wide alpine meadows. Walk across the escarpment from Lakes Main Rd (aka Lake Hwy)	Medium EL	Graham Alexander 0407 436 556
Jan 23	Mt Victoria	Prominent peak in the north-east with panoramic views to north and east coasts (with SU family camp walkers)	Medium MSE	Basil Tkaczuk 6331 1155
<i>School term (state) begins 3rd Feb.</i>				
Feb 6	Fisher Bluff	A beautiful off track open alpine walk to a peak with extensive views of the central plateau area	Medium DEL	Phil Andrew 0408 014757 or 6300 1067
Feb 27	Hollybank	Barbecue/picnic at this this popular picnic area near Lilydale. Walk to Piper's R. or just wander and chat!	Easy - Family	Andrew Madden 6399 3315
Mar 12 <i>L. Weekend</i>	TBA - Possible Camping trip	Check website (via web address below) or ask leaders whether a walk has been added.	TBA	TBA
Mar 19	King William I & peaks ***camping	Friday evening car camp past Derwent Bridge. Sat. climb Mt King William I, Milligan's Pk & perhaps Mt Pitt.	Medium	John Tabor 6428 6512
<i>School term break is 9 Apr to 19 Apr</i>				
Apr 9	Mt. Nicholas	In the vicinity of Cornwall in the North-East – a first for Boots N' All!	Easy-Medium CS	Phil Andrew 0408 014757 or 6300 1067
Apr 23	Warner's & Havelock Falls	From Pine Lake (Lakes Main Rd). Seldom visited waterfalls in alpine country falling into Meander Valley. Off track.	Medium-Hard	John Tabor 6428 6512
May 7	Chalice Lake Fagus time	In the heart of Cathedral Mountain – Chapter Lake and Grail Falls are also included. A long day.	Medium-Hard DELMS	Phil Dawson 0417 527 511
May 28 *not 21	Mt. Littlechild (Blue Tier)	NE highland peak – a short and easy walk with optional much harder rainforest walk to the peakbagger point. NOTE CHANGE OF DATE FROM 21st MAY!	Easy-Medium S	Louise Fairfax 6327 2374
Jun 11	Duck Reach and Gorge Bushland	Explore the extensive bushland tracks and unexpected views right within our city limits.	Easy-Medium S	John Potts 0418 576011
Jun 25	Meander Falls	Rain forest walk – spectacular water falls from the escarpment of the Western Tiers	Medium LMS	Phil Dawson 0417 527 511
<i>School term break is 2 Jul to 17 Jul</i>				
Jul 9	Alum Cliffs & Wet Caves	Near Chudleigh – a short walk to a spectacular clifftop lookout, picnic lunch and a peep into Honeycombe Cave	Easy	Basil Tkaczuk 6331 1155
Jul 23	Visuals Evening	Past glories, future challenges – a pleasant evening of slides, photos and interesting people	Very easy & relaxing!	Basil Tkaczuk 6331 1155
Aug 6	Lees Paddocks	In the heart of the mountains – a historic hut near the Mersey River	Medium DLM	Terry Heier 6393 6671
Aug 20	Mt. Duncan	A prominent peak of the Dial Range that dominates the north-west coast.	Easy-Medium S	Kathy Cotton 0431 654617 or Basil
Sep 10	Moses Creek Falls Circuit	By far the best waterfall circuit walk in the state - in marvelous rainforest close to Cathedral Mountain	Medium DELMS	Kent Lillico 0428 451 528
Sep 25	Tamar Island (Sunday)	A peaceful wetlands area on the very edge of the city – plenty of bird life to observe.	Easy	John Potts 0418 576011
<i>School term break is 24 Sept to 9 Oct</i>				
Oct 8*** not 8th	Forty Lakes Peak ***camp	Spectacular wilderness area with mountains, lakes and scenery via Mt. Ironstone. Camp at Lake Nameless. NOTE CHANGE OF DATE AND AREA	Medium DELMS	Peter Davies 6344 8235
Oct 22	Holwell Gorge	Family (BYO) barbecue and walk through gorge with waterfalls and manferns	Easy	Andrew Madden 6399 3315
Nov 5 <i>L. Weekend</i>	Bay of Fires ***camping	Further explore the northern part of this region recognised worldwide as one of Tasmania's most beautiful places.	Medium DL	Chris Langerak 0409 808 152
Nov 11 (Fri.)	<i>Planning</i>	<i>Meeting to plan 2017 walks program</i>	<i>No mud or scrub!</i>	<i>See leaders below</i>
Nov 26	Mt. Pillinger	A Boots N' All favourite from bygone years - magnificent views to Mt Ossa and the Pelion mountains. NOTE - LIKELY TO CHANGE DESTINATION	Med-hard BDELS	Vivienne Bartle 0409 347 151
Dec 3	Mt. Maurice	In region of Mt. Barrow. Views of the north east forests and out to the coast. Waratah and wild flowers in season!	Easy- Medium S	Andrew Madden 6399 3315
<i>School holidays from 22 Dec</i>				
Dec 28 <i>(Monday)</i>	Mt. Ironstone	Highest peak in the Western Tiers with extensive views across central plateau and the north	Medium BSE	Basil Tkaczuk 6331 1155

This list of walks can also be found via SU Tasmania website: www.sutas.org.au (click on Bush Walking)
If publishing details of these walks, please make sure you include this key for any letter rating for that walk.

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| <p>B Boulder field – walkers need to be able to confidently step from rock to rock.</p> <p>C Climbing sections using rocks and vegetation as hand holds.</p> <p>D Drive distance requires early departure – usually 7:30 am</p> | <p>E Exposed alpine conditions – can be dangerous in poor weather if not fully equipped – see below.</p> <p>L A long day's walk – in excess of 3 hours each way.</p> <p>M Marshy or muddy sections – be prepared to walk with wet feet.</p> <p>S Steep incline for at least part of the way</p> |
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Bush walking can involve an element of danger. All who participate in Boots'n'All activities do so at their own risk. Intending walkers new to Boots N' All **must** contact the leader personally unless the walk is rated "Easy" or "Family".



“Love the bush and praise its Creator”



Boots'n'All activities are open to all, but intending walkers are asked to contact the Trip Leader prior to the day of the walk (before 9.00 pm please) to discuss experience, fitness & equipment.

If you are a regular Boots N' All walker, please consider making a donation!

Scripture Union Tasmania has extensive programs aimed at helping children and young people find positive direction in life, including a number of school chaplaincies. Your tax-deductible donation will help this vital work. Alternatively, you can make a donation towards the insurance costs of Boots N' All. Either way, a donation form can be printed from the bush walking page of the website (above).

Boots'n' All was established by Scripture Union Tasmania in 1981 and offers people of all ages and abilities in Northern Tasmania opportunities to share together in a range of outdoor activities led by experienced Christian walkers. We would be pleased if you could tell others of these walks. Subject to safety and equipment requirements, activities are open to all. If you know of a friend who would like to receive a program, or if unable to contact the listed trip leader, or if you have any other inquiries, please contact: **Basil Tkaczuk ph. 6331 1155 (mob. 0438 664402)** or one of the leaders listed on the walks calendar, which is also available on www.sutas.org.au (via the Camps & Programs menu). You can also request to be added to the Boots N' All email distribution list via the **Contact Us** form on the website, and receive email reminders a few days ahead of each walk (or give your email address to Basil or your walk leader).

- * Day trips are generally free, but it is expected that transport costs will be shared by passengers.
- * For safety reasons children under 12 years of age must be accompanied by a responsible adult.
- * *** For walks designated as “camping”: Please contact walk leader 1 week in advance if intending to camp.

NEW SINCE 2015: Our website now has its own Boots N' All section, with extensive walks notes and track details. Follow from the sutas.org.au website or bookmark <http://bootsnall.sutas.org.au>

Preparation, Equipment, Food and Safety

- * **Contact the Walk Leader beforehand** as trips may be subject to change and details may be incomplete. To comply with insurance and safety regulations, the walk leader will require name, address and emergency contact (eg next of kin) for all intending walkers as well as details of existing medical conditions and medication in case of emergency. Do NOT bring along people without notifying the leader in advance of each intended walker (except for easy/family walks). For safety reasons children under 12 years of age must be accompanied by a responsible adult.
- * **Late arrival** at the agreed meeting place could result in you being left behind, and a delayed departure can put pressure on walkers which may result in the walk finishing in the dark.
- * **Is this the Right Walk for You?** Occasionally, people have come along for walks totally beyond their endurance and equipment, because they have mistakenly believed that their previous experience has been sufficient. If the walk is rated as medium or hard, check with the walk leader about what sort of experience is necessary. At times, walkers have faced bitter cold, driving rain and snow, exposed situations, long distances, steep climbs, long stretches of deep mud, tracks awash with 10-20 cm of icy water, and scrambling over huge, slippery boulders. Are these possible on the walk you are considering? Have you walked under those conditions before? **Your lack of preparedness to cope with extreme conditions could endanger both yourself and others who must stay with you. Intending walkers who are new to Boots N' All must contact the leader personally unless the walk is rated “Easy” or “Family”.**
- * **Make sure you are well equipped.** Proper **clothing** and adequate **food**, including “snack food” can make the difference between a safe and comfortable walk and one which at the least could be very stressful and at the worst potentially dangerous for both yourself and others in the party.
- * **Clothing suggestions** for exposed conditions are:
 - Essential:** Waterproof rain jacket with hood, warm woollen or thermal clothing, warm trousers (cotton trousers are unsuitable in wet cold conditions) gloves or mittens (a spare pair of socks are a useful substitute for mittens) and a warm hat or beanie. Sun-hat and sun-screen block-out. Comfortable, durable (worn in) footwear. Day pack (or larger) on mountain walks; a school type pack is adequate for shorter trips but check the seams and webbing for strength. Make sure you have a waterproof liner (plastic garbage bag) inside your pack and store your “keep dry” items in another plastic bag inside the liner bag.
 - Optional:** A small torch and a whistle. Although the walk leader will have a map, bring your own (and a compass) if you have them, in a clear plastic bag. Waterproof overpants and gaiters are desirable. A GPS or a weatherproof smartphone with GPS and mapping software is useful. Walk descriptions are emailed a week or so ahead, along with a link our website which has information about how to use these devices and downloadable tracks and waypoints for most of our walks. For remote area walks, if you have an EPIRB, SPOT device or satellite phone, these can be extra safety options. Mobile phones also give reasonable reception on higher peaks and areas with fairly unobstructed lines to the nearest tower. (mostly only Telstra reception in the wilderness)
- * **Food Suggestions:** The best advice is to **eat well before you start** (a good wholesome breakfast) and to have **frequent snacks** during the walk.
 - “Scroggin”, a mixture of nuts and dried fruits, gives a better sustained release diet than chocolate or confectionery. Other useful snacks include oat biscuits, raisins, jelly beans, dried apricots and some “high energy” confectionery. Also cereal and protein. Fresh fruit is good but heavy to carry.
- * **Drink:** Most walks have creeks or tarns along the way but sometimes these take a while to reach so it is advisable to carry a water bottle (**preferably 1 litre**) with you. Mineral drinks such as Tang, Staminade, Powerade, etc. can be helpful.
- * **Stay together:** Younger more energetic walkers should moderate their pace to stay with the group. If you find the pace too fast, don't be afraid to get a message to the leader requesting a break and/or to reduce the pace of the party.
- * **If you get lost** or lose contact with the main party, stop and try to think calmly. Do not continue travelling until you know where you are. Use your map and compass and look for landmarks. A pattern of three sound signals (e.g. whistle blasts, yells, etc.) is a standard distress signal. Keep your pack with you at all times.