

Boots n'All 2024

An activity of Scripture Union Tasmania - Tasmanian wilderness hiking with a difference!



Colour code for region: South East Central North Northwest West

(This might help you decide whether a day trip, or	perhaps accommodation or car can	np. is possible from your area)

Base Bastin Bluff Up Syds Track from Western Creek, and south to a high point with spectacular views over the upper Meander Valley. Bet MS Size I Moonina, and close to another part of the historic Bills rests in mining area. Note change of death of the historic Bills rests in mining area for Note change of death of the historic Bills rests in mining area for Note change of death of the historic Bills rests in mining area of the change of death of the historic Bills rests in mining area of the change of death of the change	Dato	Location	int neip you aeciae wnetner a day trip, or pernaps accommodation or car camp, is possi.		Contact Loader
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Jan 17 Macarde-Traverse Sleepy Bay to Mt. Amost. Including Mts Parsons, Baudin, Dove. Ward March Septione Mile with views over the many lakes and fishing spots south of lake Augusta. Note Change of destination — access concerns Easy - Medium Says - Med	Jan 13-14		Camping trip to plateau between Chalice Lake and Cathedral Mountain, and visit various peaks		Nik Sands
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Jan 27					
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Mar 23	L.Weekend	(camping)		DSLE	0427 026 233
circuit area. A spectacular alpine wilderness walk! Apr 13 Rattler Range Explore beautiful northeast creeks and forest as we traverse the southern part of this range near Ralphs Falls. Apr 27 Fagus Walk Experience the unique beauty of the "fagus" in full autumn colour, either Cradle area or Grail Falls depending on forecasts. May 11 Mt. Becroft Cradle Mt. Return via Rocky Mountain. May 25 8. 26 May 25 8. 26 May 25 Point Vision Note: destination changed due to closure of Plateau for deer cull during Mayling and control of the cont		BAA BAb-t		Na di !	Damen Missala
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			Ussa and the Pelion mountains.	DSLE	U429 387 777



"Love the bush and praise its Creator"



Calendar continues on p.2 >>>

Dec 7	Copper Cove	Baker's Beach area. Coastal heights and heathlands to lovely	Easy-Medium	Grace Hillman
		secluded beach suitable for swimming, fishing etc.		0490 840 866
		School Christmas holidays		
Dec 27	Destination TBC	We usually aim for the wide-open spaces and wildflowers of the	Medium	
(Friday)		alpine plateaux to walk off the Christmas cheer.		

This list of walks can also be found on our website: https://bootsnall.sutas.org.au

If publishing details of these walks, please make sure you include the rating key (overleaf) for any letter rating for that walk.

Key to Walk Ratings

- B Boulder field walkers need to be able to confidently step from rock to rock.
- C Climbing sections using rocks and vegetation as hand holds.
- D Drive distance requires early departure usually 7:30 am
- E Exposed alpine conditions can be dangerous in poor weather if not fully equipped see below.
- **L** A long day's walk in excess of 3 hours each way.
- M Marshy or muddy sections be prepared to walk with wet feet.
- **S** Steep incline for at least part of the way

Boots N' All activities are open to all, but intending walkers, must contact the Trip Leader prior to the day of the walk (before 9.00 pm please) to discuss experience, fitness & equipment. Intending walkers new to Boots N' All <u>must</u> contact the leader personally unless the walk is rated "Easy" or "Family".

Bush walking can involve an element of danger. All who participate in Boots N' All activities do so at their own risk.

- * Day trips are generally free, but it is expected that transport costs will be shared by passengers.
- * For safety reasons children under 12 years of age must be accompanied by a responsible adult.
- For walks designated as "camping": Please contact walk leader 4-5 days in advance if intending to camp.

Boots N' All was established by Scripture Union Tasmania in 1981 and offers people of all ages and abilities in Northern Tasmania opportunities to share together in a range of outdoor activities led by experienced Christian walkers. Subject to safety and equipment requirements, activities are open to all. If you know of a friend who would like to receive a program, or if unable to contact the listed trip leader, or if you have any other inquiries, please contact: **Basil Tkaczuk ph. 6331 1155 (mob. 0438 664 402)** or one of the leaders listed on the walks calendar.



If you are a regular Boots N' All walker, please consider making a donation to Scripture Union Tasmania!

Scripture Union Tasmania has extensive programs aimed at helping children and young people find positive direction in life, including a considerable number of school chaplaincies. Your tax-deductible donation will help this vital work. Alternatively, you can make a donation towards the insurance costs of Boots N' All. Either way, a donation form can be printed from the bush walking page of the website (above).

Preparation, Equipment, Food and Safety

- * Contact the Walk Leader beforehand as trips may be subject to change and details may be incomplete. The walk leader will require name, address and emergency contact (eg next of kin) for all intending walkers as well as details of existing medical conditions and medication in case of emergency. Do NOT bring along people without notifying the leader in advance of each intended walker (except for easy/family walks). For safety reasons children under 12 years of age must be accompanied by a responsible adult.
- * Late arrival at the agreed meeting place could result in you being left behind, and a delayed departure can put pressure on walkers which may result in the walk finishing in the dark.
- * Risk Assessment: It is the responsibility of the walk leader to inform you of particular risks associated with the walk he or she is leading. The general risks of bushwalking are outlined in the next paragraph, but occasionally there are risks specific to the walk. We will do our best to include these in the walk description on the website and invitation emails. Please do not be offended if the walk leader decides that a walk is too risky for you, or if a walk has to be cancelled due to increased risk associated with weather, track closure etc.
- * Is this the Right Walk for You? Occasionally, people have come along for walks totally beyond their endurance and equipment, because they have mistakenly believed that their previous experience has been sufficient. If the walk is rated as medium or hard, check with the walk leader about what sort of experience is necessary. At times, walkers have faced bitter cold, driving rain and snow, exposed situations, long distances, steep climbs, long stretches of deep mud, tracks awash with 10-20 cm of icy water, and scrambling over huge, slippery boulders. Are these possible on the walk you are considering? Have you walked under those conditions before? Your lack of preparedness to cope with extreme conditions could endanger both yourself and others who must stay with you. Intending walkers who are new to Boots N' All must contact the leader personally unless the walk is rated "Easy" or "Family".
- * Make sure you are well equipped. Proper clothing and adequate food, including "snack food" can make the difference between a safe and comfortable walk and one which at the least could be very stressful and at the worst potentially dangerous for both yourself and others in the party.
- * Clothing suggestions for exposed conditions are :-
 - Essential: Waterproof rain jacket with hood, warm woollen or thermal clothing, warm trousers (cotton trousers are <u>unsuitable</u> in wet cold conditions) gloves or mittens (a spare pair of socks are a useful substitute for mittens) and a warm hat or beanie. Sun-hat and sun-screen block-out. Comfortable, durable (worn in) footwear. Day pack (or larger) on mountain walks; a school type pack is adequate for shorter trips but check the seams and webbing for strength. Make sure you have a waterproof liner (plastic garbage bag) inside your pack and store your "keep dry" items in another plastic bag inside the liner bag.
 - **Optional:** A small torch and a whistle. Although the walk leader will have a map, bring your own (and a compass) if you have them, in a clear plastic bag. Waterproof overpants and gaiters are desirable.
- * Food Suggestions: The best advice is to eat well before you start (a good wholesome breakfast) and to have frequent snacks during the walk. "Scroggin", a mixture of nuts and dried fruits, gives a better sustained release diet than chocolate or confectionery. Other useful snacks include oat biscuits, raisins, jelly beans, dried apricots and some "high energy" confectionery. Also cereal and protein. Fresh fruit is good but heavy to carry.
- * **Drink:** Most walks have creeks or tarns along the way but sometimes these can take a while to reach so it is advisable to carry a water bottle (min. 500 ml.) with you. Electrolyte replacement drinks may be helpful for some people.
- * Stay together: Younger more energetic walkers should moderate their pace to stay with the group. If you find the pace too fast, don't be afraid to get a message to the leader requesting a break and/or to reduce the pace of the party.



"Love the bush and praise its Creator"



* If you get lost or lose contact with the main party, stop and try to think calmly. Do not continue travelling until you know where you are. Use your map and compass and look for landmarks. A pattern of three sound signals (e.g. whistle blasts, yells, etc.) is a standard distress signal. Keep your pack with you at all times.