



Boots'n'All 2018



An activity of Scripture Union Tasmania Tasmanian wilderness hiking with a difference!

Date	Location	Description	Rating	Contact Leader
Jan 13	Projection Bluff	Plateau walk (one steep climb) – scenic views, pencil pines	Easy-Medium BES	Brian Roach 6344 7672
Jan 27	Mt. Foster	A peak amid the forests near Avoca. Some off-track walking. (with SU family camp walkers)	Medium BDS	Basil Tkaczuk 6331 1155
<i>School term (state) begins 5th Feb.</i>				
Feb 10	Havelock Falls	From Pine Lake (Lakes Main Rd). A seldom visited waterfall in alpine country falling into Meander Valley. Off track.	Medium-Hard	John Tabor 6428 6512
Feb 24	Cradle Mt. ***camping	After an hour's back packing, settle in to camp at the scout hut to explore the delights of Cradle Mountain and valley. Hut accommodation reserved for SU Children/Youth ministry but you are welcome to join us for the day/s, perhaps using other accommodation in the area.	Easy-Medium DEMS	Basil Tkaczuk 6331 1155
Mar 10 <i>L. Weekend</i>	Bay of Fires ***camping	Further explore the northern part of this region recognised worldwide as one of Tasmania's most beautiful places.	Medium DL	Chris Langerak 0409 808 152
Mar 24	Bridport – Brid River Track	A relaxing seaside break at Bridport. Explore the walking track, and perhaps a swim and a coffee afterwards.	Easy	Chris Langerak 0409 808 152
<i>Mar 31 Easter Saturday Easter break is from Fri. 31st March to Tues. 3rd April</i>				
Apr 14	Point Sorell	Explore the beautiful coastal area north of Hawley	Easy	Terry Heier 6393 6671
Apr 28	Cradle Fagus Time	Experience the unique beauty of the “fagus” in full autumn colour in the spectacular surrounds of Cradle Mountain	Medium DEMS	Phil Dawson 6382 3561
<i>School term break is 14 Apr to 29 Apr</i>				
May 5	Duck Reach and Gorge Bushland	Explore the extensive bushland tracks and unexpected views right within our city limits.	Easy-Medium S	John Potts 0418 576011
May 19	Ralphs Falls	Explore the north-east, including the delightful Ralph's Falls near Ringarooma	Medium	Peter Davies 6344 8235
Jun 9	Old Bill's Monument	Beat the winter cold to explore the interesting rock formations of the NW corner of Ben Lomond.	Medium BES	Basil Tkaczuk 6331 1155
Jun 23	Meander Falls	Rain forest walk – spectacular water falls (sometimes frozen!) from the escarpment of the Western Tiers	Medium LMS	Phil Dawson 0417 527 511
<i>School term break is 7 Jul to 22 Jul</i>				
Jul 14	Leven Canyon	This “taster” of the spectacular Leven Canyon will explore a couple of easier trails which offer majestic views.	Easy-Medium S	Brian Roach 6344 7672
Jul 28	Visuals Evening	Past glories, future challenges – a pleasant evening of slides, photos and interesting people	Very easy & relaxing!	Basil Tkaczuk 6331 1155
Aug 11	Stone's Throw	Explore this lovely rural lake and riverside setting right in Launceston. Enjoy some refreshment at the on site cafe	Easy	Phil Andrew 0408 014757 or 6300 1067
Aug 25	TBA	Check website (via web address below) or ask leaders whether a walk has been added.	TBA	TBA
Sept 8	North East Rail Trail	An easy stroll along the old railway line near Scottsdale. Lovely views of the north east countryside.	Easy	Phil Andrew 0408 014757 or 6300 1067
Sept 22	Cuckoo Falls	A delightful short walk in the vicinity of Scottsdale featuring rainforests and falls rated well worth visiting!	Easy	Andrew Madden 6399 3315
<i>School term break is 29 Sept to 14 Oct</i>				
Oct 6	Asbestos Range	Long walk through coastal and forested hilly areas in the vicinity of Bakers Beach and Badger Head.	Hard LMS	Kent Lillico 0428 451 528
Oct 20	Mt Farrell	Directly above Tullah and including the delightful Lake Herbert. Spectacular views.	Medium DSME	Vivienne Bartle 0409 347 151
Nov 3 <i>L. Weekend</i>	Walls of Jerusalem ***camp	World-renowned spectacular wilderness area with mountains, lakes and scenery, camp at Dixon's Kingdom.	Medium DELMS	Peter Davies 6344 8235
Nov 9 (Fri.)	Planning	Meeting to plan 2019 walks program	No mud or scrub!	All available leaders
Nov 18 (Sunday)	Tamar Island	A peaceful wetlands area on the very edge of the city – plenty of bird life to observe.	Easy	John Potts 0418 576011
Dec 1	Mt. Maurice	In region of Mt. Barrow. Views of the north east forests and out to the coast. Waratah and wild flowers in season!	Easy- Medium S	Andrew Madden 6399 3315
<i>School holidays from 22 Dec</i>				
Dec 29	Mt. Penny	Explore the lakes and forests of the central highlands near Woods Lake and Arthur's Lake.	Easy-Medium	Phil Andrew 0408 014757 or 6300 1067

This list of walks can also be found on our website: www.sutas.org.au (click on Bush Walking)

If publishing details of these walks, please make sure you include this key for any letter rating for that walk.

Bush walking can involve an element of danger. Please read the *Preparation, Equipment, Food and Safety* guidelines overleaf, and talk to the leader if unsure.

- B** Boulder field – walkers need to be able to confidently step from rock to rock.
C Climbing sections using rocks and vegetation as hand holds.

- D** Drive distance requires early departure – usually 7:30 am
E Exposed alpine conditions – can be dangerous in poor weather if not fully equipped – see below.
L A long day's walk – in excess of 3 hours each way.
M Marshy or muddy sections – be prepared to walk with wet feet.
S Steep incline for at least part of the way

“Love the bush and praise its Creator”



Boots'n'All activities are open to all, but intending walkers are asked to contact the Trip Leader prior to the day of the walk (before 9.00 pm please) to discuss experience, fitness & equipment.



Scripture Union Tasmania has extensive programs aimed at helping children and young people find positive direction in life, including a number of school chaplaincies. If you are a regular Boots N' All walker, please consider making a donation! Your tax-deductible donation will help this vital work. Alternatively, you can make a donation towards the insurance costs of Boots N' All. Either way, a donation form can be printed from the "Support" page of www.sutas.org.au

*Boots'n' All was established by Scripture Union Tasmania in 1981 and offers people of all ages and abilities in Northern Tasmania opportunities to share together in a range of outdoor activities led by experienced Christian walkers. We would be pleased if you could tell others of these walks. Subject to safety and equipment requirements, activities are open to all. If you know of a friend who would like to receive a program, or if unable to contact the listed trip leader, or if you have any other inquiries, please contact: **Basil Tkaczuk ph. 6331 1155 (mob. 0438 664402)** or one of the leaders listed on the walks calendar.*

- * Day trips are generally free, but it is expected that transport costs will be shared by passengers.
- * For safety reasons children under 12 years of age must be accompanied by a responsible adult.
- * *** For walks designated as "camping": Please contact walk leader 1 week in advance if intending to camp.

Preparation, Equipment, Food and Safety

- * **Contact the Walk Leader beforehand** as trips may be subject to change and details may be incomplete. The walk leader will require name, address and emergency contact (eg next of kin) for all intending walkers as well as details of existing medical conditions and medication in case of emergency. Do NOT bring along people without notifying the leader in advance of each intended walker (except for easy/family walks). For safety reasons children under 12 years of age must be accompanied by a responsible adult.
- * **Late arrival** at the agreed meeting place could result in you being left behind, and a delayed departure can put pressure on walkers which may result in the walk finishing in the dark – a dangerous outcome.
- * **Is this the Right Walk for You?** Occasionally, people have come along for walks totally beyond their endurance and equipment, because they have mistakenly believed that their previous experience has been sufficient. **Assess the risk to yourself and others, and be realistic!** If the walk is rated as medium or hard, check with the walk leader about what sort of experience is necessary. At times, walkers have faced bitter cold, driving rain and snow, exposed situations, long distances, steep climbs, long stretches of deep mud, tracks awash with 10-20 cm of icy water, and scrambling over huge, slippery boulders. Are these possible on the walk you are considering? Have you walked under those conditions before? **Your lack of preparedness to cope with extreme conditions could endanger both yourself and others who must stay with you. Intending walkers who are new to Boots N' All must contact the leader personally unless the walk is rated "Easy" or "Family".**
- * **Make sure you are well equipped.** Proper **clothing** and adequate **food**, including "snack food" can make the difference between a safe and comfortable walk and one which at the least could be very stressful and at the worst potentially dangerous for both yourself and others in the party.
- * **Clothing** suggestions for exposed conditions are :-
 - Essential:** Waterproof rain jacket with hood, warm woollen or thermal clothing, warm trousers (cotton trousers are unsuitable in wet cold conditions) gloves or mittens (a spare pair of socks are a useful substitute for mittens) and a warm hat or beanie. Sun-hat and sun-screen block-out. Comfortable, durable (worn in) footwear. Day pack (or larger) on mountain walks; a school type pack is adequate for shorter trips but check the seams and webbing for strength, and that the pack will not come open too easily. Make sure you have a waterproof liner (eg plastic garbage bag) inside your pack and store your "keep dry" items in another plastic bag inside the liner bag.
 - Optional:** A small torch and a whistle. Although the walk leader will have a map, bring your own (and a compass) if you have them, in a clear plastic bag. Many walkers choose to carry a GPS device (which can be pre-loaded with track and waypoints from our website). Some carry locator beacons/EPIRBs (the leader may appreciate knowing that you are carrying one of these, or even a satellite phone!) Waterproof overpants and gaiters are desirable for many of our walks.
- * **Food Suggestions:** The best advice is to **eat well before you start** (a good wholesome breakfast) and to have **frequent snacks** during the walk.

"Scroggin", a mixture of nuts and dried fruits, gives a better sustained release diet than chocolate or confectionery. Other useful snacks include oat biscuits, raisins, jellybeans, dried apricots and some "high energy" confectionery. Also cereal and protein. Fresh fruit is good but heavy to carry.
- * **Drink:** Most walks have creeks or tarns along the way but sometimes these take a while to reach so it is advisable to carry a water bottle (**min. 500 ml.**) with you. Energy drinks such as Tang, Staminade, Powerade, etc. can be helpful.
- * **Stay together:** Younger more energetic walkers should moderate their pace to stay with the group. If you find the pace too fast, don't be afraid to get a message to the leader requesting a break and/or to reduce the pace of the party.
- * **If you get lost** or lose contact with the main party, stop and try to think calmly. Do not continue travelling until you know where you are. Use your map and compass and look for landmarks. A pattern of three sound signals (e.g. whistle blasts, yells, etc.) is a standard distress signal. Keep your pack with you at all times.