



Boots'n'All 2011



An activity of Scripture Union Tasmania Tasmanian wilderness hiking with a difference!

Date	Location	Description	Rating	Contact Leader
Jan 15	Dry's Bluff	1000 metres up in less than 3km – one of Tasmania's steepest ascents to spectacular northern views.	Hard BCSE	Peter Davies 6344 8235
Jan 29	Long Tarns ***	*** Camping A beautiful alpine region with pretty tarns and pencil pines in the Walls of Jerusalem area	Medium ELMS	Terry Heier 6393 6671
Feb 12	Mt. Barrow Nature Trails	Explore some of the fascinating nature trails quite close to home. Your host: Horrie Betts	Easy	John Potts 0418 576011
Feb 26	Lake Balmoral via Higgs Track	Alpine lakes and plateau views just east of Lake Mackenzie. Visit Lady Lake hut.	Medium EMS	John Tabor 6428 6512
Mar 12	Tyndall Plateau ***	*** Camping A west-coast continuation of the high alpine beauty so characteristic of the World Heritage Area	Med-hard o/night BDELS	Chris Langerak 6330 2131
Mar 26	Mt. Barrow Falls	On the slopes of Mt. Barrow, and not particularly well known but worth seeing.	Easy-Medium S	John Potts 0418 576011
Apr 9	Upper Liffey River	Walk the beautiful cascading Liffey River downhill from the Lake Highway to the Liffey Falls upper car park.	Easy-Medium S	Brian Roach 6344 7672
Apr 30 (7am start)	Cradle Fagus Time	Experience the unique beauty of the "fagus" in full autumn colour in the spectacular surrounds of Cradle Mountain	Medium DEMS	Phil Dawson 6382 3561
May 14	Mt. Beecroft	South-west from the Vale of Belvoir, with spectacular views to Cradle Mt. Return via Rocky Mountain	Medium DEMS	Graham Alexander 64231006
May 29 (Sunday)	Mt. Direction (afternoon)	Visit the site of the historic, convict-operated signal station. Views up and down the Tamar River	Easy-Medium S	Basil Tkaczuk 6331 1155
Jun 4	Plateau via Yeates Track	In the vicinity of Mt. Parmeneer and Western Bluff – alpine meadows and crags, with spectacular views.	Medium EMS	Phil Dawson 6382 3561
Jun 25	Lobster Falls & Alum Cliffs	Forest walk near Chudleigh. Approx. 3 hrs return. Note: track <u>not</u> suitable for strollers, prams or wheelchairs	Family - Easy	Brian Roach 6344 7672
Jul 9	Point Vision	Circuit walk from Bakers Beach with great coastal views.	Medium S	John Tabor 6428 6512
Jul 23	Visuals Evening	Past glories, future challenges – a pleasant evening of slides, photos and interesting people	Very easy & relaxing!	Basil Tkaczuk 6331 1155
Aug 6	St. Columba Falls - Mt Young	Explore the north-east; delightful Ralph's Falls, spectacular St. Columba Falls and views from Mt Young.	Easy	Ian Waterhouse 6327 1371
Aug 20	Mt. Farrell	Directly above Tullah and including the delightful Lake Herbert. Spectacular views.	Medium DSME	Basil Tkaczuk 6331 1155
Sep 10	Mt. Victoria	Prominent peak in the north-east with panoramic views to north and east coasts	Medium BCSME	Andrew Madden 6399 3315
Sep 24	Shadow Lk Circuit	Head west from Watersmeet at delightful Lake St. Clair – views to Mt. Rufus, Mt. Hugel and Mt. Olympus	Medium DELS	Kris Bezemer 0427 367641
Oct 8	Mersey Crag	At the top of the pretty Little Fisher Valley - views to Walls of Jerusalem and the Overland Track area	Medium CDELS	Kent Lillico 6425 2023
Oct 22	Mt. Ossa ***	*** Camping Conquer Tasmania's highest peak via the Arm River track to Pelion Plains	Hard	Peter Davies 6344 8235
Nov 11	Planning	Meeting to plan 2012 walks program	Tricky! "S"	See leaders below
Nov 12	Apsley Gorge	Stroll through Oyster Bay Pines / East Coast Forest and scramble down the Gorge if river conditions permit	Easy-Medium BDS	Kris Bezemer 0427 367641
Nov 26	The Dell	Walk along the base of Bastion Bluff (possibly up the bluff) through forest and alongside creeks and waterfalls. Good wildflowers should be out.	Medium BSM	Phil Dawson 6382 3561
Dec 10	Mt. Maurice	Annual family forest walk among the Waratah & wild flowers of the North East	Easy-Medium S	Andrew Madden 6399 3315
Dec 27 (Tues)	Sales Lake	Work off some of that Christmas cheer! Short and relaxing walk (one steep climb) – scenic views, pencil pines	Easy-Medium ES	Basil Tkaczuk 6331 1155

This list of walks can also be found on our website: www.sutas.org.au (click on Bush Walking)
If publishing details of these walks, please make sure you include this key for any letter rating for that walk.

- B** Boulder field – walkers need to be able to confidently step from rock to rock.
- C** Climbing sections using rocks and vegetation as hand holds.
- D** Drive distance requires early departure – usually 7:30 am
- E** Exposed alpine conditions – can be dangerous in poor weather if not fully equipped – see below.
- L** A long day's walk – in excess of 3 hours each way.
- M** Marshy or muddy sections – be prepared to walk with wet feet.
- S** Steep incline for at least part of the way

Bush walking can involve an element of danger. All who participate in Boots'n'All activities do so at their own risk. Intending walkers new to Boots N' All must contact the leader personally unless the walk is rated "Easy" or "Family".



“Love the bush and praise its Creator”



Boots'n'All activities are open to all, but intending walkers are asked to contact the Trip Leader prior to the day of the walk (before 9.00 pm please) to discuss experience, fitness & equipment.

If you are a regular Boots N' All walker, please consider making a donation!

Scripture Union Tasmania has extensive programs aimed at helping children and young people find positive direction in life, including a number of school chaplaincies. Your tax-deductible donation will help this vital work. Alternatively, you can make a donation towards the insurance costs of Boots N' All. Either way, a donation form can be printed from the bush walking page of the website (above).

Boots'n' All was established by Scripture Union Tasmania in 1981 and offers people of all ages and abilities in Northern Tasmania opportunities to share together in a range of outdoor activities led by experienced Christian walkers. We would be pleased if you could tell others of these walks. Subject to safety and equipment requirements, activities are open to all. If you know of a friend who would like to receive a program, or if unable to contact the listed trip leader, or if you have any other inquiries, please contact: Basil Tkaczuk ph. 6331 1155 (mob. 0438 664402) or one of the leaders listed on the walks calendar.

**Additional telephone numbers (mobiles etc): Phil Dawson mob. 0417527511
John Potts 0418 576 011 Ian Waterhouse mob. 0428242693**

- * Day trips are generally free, but it is expected that transport costs will be shared by passengers.
- * For safety reasons children under 12 years of age must be accompanied by a responsible adult.
- * *** For walks designated as “camping”: Please contact walk leader 1 week in advance if intending to camp.

Preparation, Equipment, Food and Safety

- * **Contact the Walk Leader before hand** as trips may be subject to change and details may be incomplete. The walk leader will require name, address and emergency contact (eg next of kin) for all intending walkers as well as details of existing medical conditions and medication in case of emergency. Do NOT bring along people without notifying the leader in advance of each intended walker (except for easy/family walks). For safety reasons children under 12 years of age must be accompanied by a responsible adult.
- * **Late arrival** at the agreed meeting place could result in you being left behind, and a delayed departure can put pressure on walkers which may result in the walk finishing in the dark.
- * **Is this the Right Walk for You?** Occasionally, people have come along for walks totally beyond their endurance and equipment, because they have mistakenly believed that their previous experience has been sufficient. If the walk is rated as medium or hard, check with the walk leader about what sort of experience is necessary. At times, walkers have faced bitter cold, driving rain and snow, exposed situations, long distances, steep climbs, long stretches of deep mud, tracks awash with 10-20 cm of icy water, and scrambling over huge, slippery boulders. Are these possible on the walk you are considering? Have you walked under those conditions before? **Your lack of preparedness to cope with extreme conditions could endanger both yourself and others who must stay with you. Intending walkers who are new to Boots N' All must contact the leader personally unless the walk is rated “Easy” or “Family”.**
- * **Make sure you are well equipped.** Proper **clothing** and adequate **food**, including “snack food” can make the difference between a safe and comfortable walk and one which at the least could be very stressful and at the worst potentially dangerous for both yourself and others in the party.
- * **Clothing** suggestions for exposed conditions are :-
Essential: Waterproof rain jacket with hood, warm woollen or thermal clothing, warm trousers (cotton trousers are unsuitable in wet cold conditions) gloves or mittens (a spare pair of socks are a useful substitute for mittens) and a warm hat or beanie. Sun-hat and sun-screen block-out. Comfortable, durable (worn in) footwear. Day pack (or larger) on mountain walks; a school type pack is adequate for shorter trips but check the seams and webbing for strength. Make sure you have a waterproof liner (plastic garbage bag) inside your pack and store your “keep dry” items in another plastic bag inside the liner bag.
Optional: A small torch and a whistle. Although the walk leader will have a map, bring your own (and a compass) if you have them, in a clear plastic bag. Waterproof overpants and gaiters are desirable.
- * **Food Suggestions:** The best advice is to **eat well before you start** (a good wholesome breakfast) and to have **frequent snacks** during the walk.
“Scroggin”, a mixture of nuts and dried fruits, gives a better sustained release diet than chocolate or confectionery. Other useful snacks include oat biscuits, raisins, jelly beans, dried apricots and some “high energy” confectionery. Also cereal and protein. Fresh fruit is good but heavy to carry.
- * **Drink:** Most walks have creeks or tarns along the way but sometimes these take a while to reach so it is advisable to carry a water bottle (**min. 500 ml.**) with you. Energy drinks such as Tang, Staminade, Powerade, etc. can be helpful.
- * **Stay together:** Younger more energetic walkers should moderate their pace to stay with the group. If you find the pace too fast, don't be afraid to get a message to the leader requesting a break and/or to reduce the pace of the party.
- * **If you get lost** or lose contact with the main party, stop and try to think calmly. Do not continue travelling until you know where you are. Use your map and compass and look for landmarks. A pattern of three sound signals (e.g. whistle blasts, yells, etc.) is a standard distress signal. Keep your pack with you at all times.